



**WATCH
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Self-Study Module

“Multimodal Pain Control”

*Created from a recording of the
Friday, January 26, 2024, Friday Noon CME
Conference.*



GUEST PRESENTER

Plato J. Lysandrou, M.D.

Anesthesiology | The Ohio State University Wexner
Medical Center

Objectives:

At the conclusion of this session, attendees will be able to:

- Discuss improvement in the pain experience through better pain control
- Describe reduction in postoperative morbidity and mortality
- Identify reduction in healthcare costs
- Discuss decreased physician-contribution to the global opioid epidemic

Learner Instructions:

To obtain CME credits for this activity, the learner must watch the recording, then complete the survey monkey posttest/evaluation link. Resources have been provided for learners below.

Accreditation: Licking Memorial Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

Designation: Licking Memorial Hospital designates this enduring material activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Presenters Disclosure:

William A Highberger, M.D., and Elizabeth Yoder, D.O., faculty for this educational activity have no relationships with ineligible companies to disclose.

Planners and Reviewers Disclosure: The following Medical Education Planning and Library Committee members of this activity: The following Medical Education Planning and Library Committee members of this activity *Craig B. Cairns, M.D., M.P.H., Chair, Vice President Medical Affairs; Bashar Alawad, M.D., Hospital Medicine; Emilia N.U. Anigbo, M.D., Pulmonology; Garth A. Bennington, M.D., Family Practice; Joseph E. Fondriest, M.D., Radiology; Thomas Hagele, M.D., Dermatology; John P. Lazar, M.D., Pediatrics; Henry Y. Lu, M.D., Anesthesiology; May U. Mbah, D.O., Hospital Medicine; Elizabeth W. McIntosh, M.D., Family Practice; Nicole C. Miller, D.O., Pathology; D'Anna N. Mullins, M.D., Oncology; Gurunathan Palani, M.D., Endocrinology; Elizabeth A. Yoder, D.O., Psychiatry; Virginia Andrews, R.N., Quality Manager; Jean L. Glaser, RPh, Pharm D, Director of Pharmacy; Stephen J. Gombos II, MT(ASCP), Director of Laboratory; Christine Long, BSN, RN, Risk Manager; Kimberly M. Mathis, Patient Experience Manager; Lorei A. Kraft, BS, MT(ASCP)SH, Assistant Vice President Laboratory and Oncology Services; Brian K. Thatcher, Director of Quality Management and Process Improvement; Haley Williams, MHA, MLS (ASCP)™, Infection Preventionist; Angela J. Wallace, MSN, R.N., Director of Surgery; Janet Wells, Medical Staff Services Manager, and Jessica Adamson, CME Coordinator, which are planners, reviewers, for this educational event. Individuals identified have no relevant financial relationship(s) with ineligible companies to disclose. These committee members are not personally compensated for their role.

RESOURCES:

Kaye AD, Urman RD, Rappaport Y, Siddaiah H, Cornett EM, Belani K, Salinas OJ, Fox CJ. Multimodal analgesia as an essential part of enhanced recovery protocols in the ambulatory settings. J Anaesthesiol Clin Pharmacol. 2019 Apr;35(Suppl 1):S40-S45. doi: 10.4103/joacp.JOACP_51_18. PMID: 31142958; PMCID: PMC6515722.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6515722/>

Sampognaro G, Harrell R. Multimodal Postoperative Pain Control After Orthopaedic Surgery. 2023 Jan 29. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan-. PMID: 34283438.

<https://www.ncbi.nlm.nih.gov/books/NBK572072/>